

Macarthur Hockey Association  
U/11 Girls  
Development Programme

Dear Players & Parents,

Welcome to the 2012 Hockey season!!

Our first session will be on Sunday 12<sup>th</sup> February from 3pm to 5pm at the Narellan Complex.

If you haven't yet completed a nomination form please do so and bring it with you to the first session.

Please ensure you have a drink with you along with your shin pads and mouthguard. (compulsory).

This is a programme to help develop the skills of our beginner players and prepare them for their next step into representative level.

The team/s will compete in a number of carnivals of which dates are yet to be confirmed, however, below is an idea of what to expect:-

Sunday 25 <sup>th</sup> Feb	vs Sutherland (Gala Day)	Narellan Complex
Sunday 11 <sup>th</sup> March	Central Coast Carnival	Wyong
May	Campbelltown Carnival	Raby Rd Campbelltown
TBC	Lithgow Carnival	Lithgow
TBC	Goulburn Carnival	Goulburn
August	Macarthur Carnival	Narellan Complex

All carnivals are held generally on a Sunday. We envisage giving people ample time in respect to their availability to participate. The number of players available for each carnival will depend on how many teams we enter into each carnival.

Due to the carnivals being spread throughout the year we will schedule training prior to each carnival where possible. We don't want to overburden the players or parents with a constant programme during the season.

The programme itself will consist of basic skills, positional play, fitness, being part of a team and most importantly FUN!

We are also seeking Manager/s for the team/s so if you are keen to assist please refer to the Macarthur Hockey website and complete an application form or you can send an email to Wayne Southwell (Macarthur Rep Co-ordinator) at [w\\_south666@bigpond.com](mailto:w_south666@bigpond.com).

Look forward to seeing as many of you as possible on the 25<sup>th</sup> Feb.

Kind regards,

*Karen Southwell*

U/11 Girls Development Team/s - Coach